



Welcome Guide

Coeur Plage

CRAPONNE-SUR-ARZON · FRANCE

Your hosts, Bassel & Abedi

Contents

We hope you have a memorable stay and leave with wonderful memories of your visit.

01	YOUR HOST	4
02	ACCESS HOUSING	5
03	ARRIVAL / DEPARTURE	9
04	Parking	10
05	RULES	14
06	Wi-Fi	15
07	KITCHEN	16
08	LINEN	18
09	HEATING & AIR CONDITIONING	20
10	TELEVISION	22
11	EQUIPMENT	24
12	BICYCLES	26
13	Shopping	29
14	POLLUTANTS	33
15	DEPARTURE CHECKLIST	36
16	To Do	37
17	TO DO / CHILDREN	42
18	RESTAURANTS	46
19	BATEAU CAP FERRET	51

20	ELECTRIC CAR CHARGING	53
21	EMERGENCIES	55

YOUR HOST



I love Arcachon and especially the "Coeur plage" neighborhood. A peaceful little village away from the crowd of Arcachon city center.

So I wanted to offer this little relaxing spot to everyone. I hope you'll enjoy having everything nearby: restaurants, ice creams, the beach, the pier, and boats. Plus the offered services: bikes available, on-site parking for more comfort, and a small terrace to enjoy the sun.

Véronique

Contact me

+33656576756

xxx@gmail.com

ACCESS HOUSING

Address

1-9 All. du Doyen Cousin, [get directions](#)

Floor: 2

How to get there

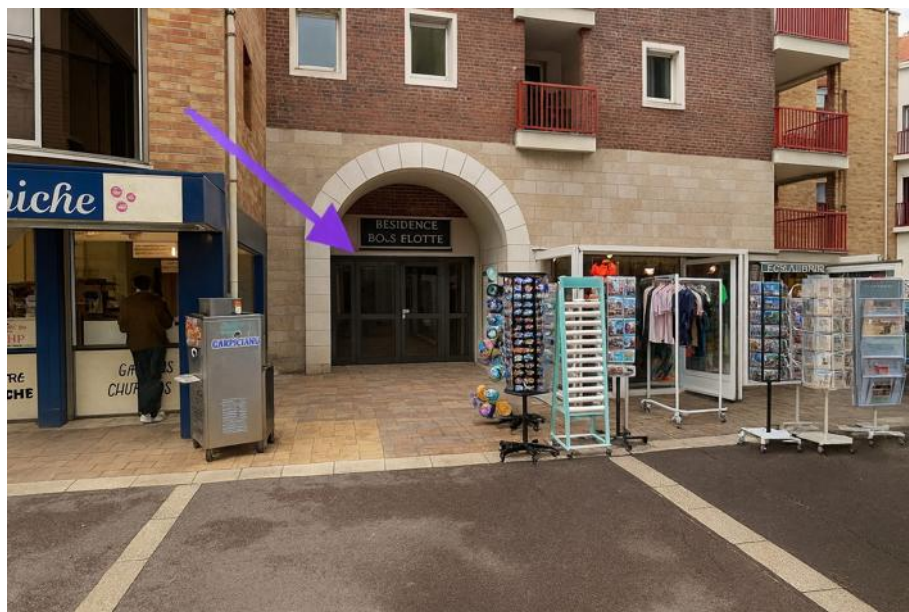
- By **car**: 1h15 from Bordeaux.

From the station, you have the choice between:

- **Taxi or Bolt**: around 10 to 15€ from Arcachon station. There is a taxi stand on the station parking. **Bolt** is another option and requires installing their app.

- **By bus**: line 3, especially July/August, less frequent from September. 2€ per ticket. If you don't have change, you need to install the "[Baia](#)" app. Get off at "Le Prêtre / La jetée" stop.

Access to the building



Here are the instructions once you arrive in front of the building

1. Push the 1st door. If closed, enter the code: **20345**.
2. At the second door, enter the same code: **20345**.

Access to the apartment

The apartment door unlocks with the code sent 2 days before via message.

▲ The code will only work from 3 pm on your arrival day, not before!



Entrance door, keypad on the left

1. Go to the first floor (no elevator), then turn right at the end of the corridor, apartment No. 4.
2. Enter the code on the keypad to the left of the door. The door unlocks, you can enter.
3. To close from the inside, press the lock button.
4. To close from the outside, press the back arrow triangle button on the keypad to the left of the door.

To ring the bell, use the button on the left on the wall marked "Sonnette".

In case of problems, you can use the doorbell camera located on the door to contact me directly.

OR: +336456456456

Badges and keys

On the right upon entering, you will find a key box:



key box

Inside the box, you'll find:

- A white badge to open the street plug leading to the outdoor parking lot (quay of the débarcadère).
- A black badge with buttons and the "I" button to open the blue gate accessing the outdoor parking.
- A small black RFID badge (without buttons) to open outdoor trash bins.
- The building key.

The sign 3 is no longer necessary.



Building

To open the building doors, you have 2 options.

- With the code "20345" on the digital lock.
- With the key from the keyring in the key box.

ARRIVAL / DEPARTURE

Arrival from 3 p.m.

Allow time for the cleaning lady to prepare the accommodation for your arrival.

Please respect the schedule as the access code will not work before.

Luggage Drop-off

The accommodation does not offer a storage place or solution for your luggage before arrival or after departure.

Exceptionally, you can leave your luggage in the accommodation from 2 p.m. on your arrival day. However, please note that cleaning might not be completed yet, and cleaning staff may be on site at that time.

Departure by 11 a.m. at the latest

Here are a few things to do before leaving the accommodation.

Here's a checklist to ensure you don't forget anything!

- ☐ Check that the dishes are cleaned and stored in the cupboards.
- ☐ Turn off the lights and the bathroom heater (long press the button).
- ☐ Close the windows.
- ☐ Return the keys to the key box.
- ☐ Lock the door when leaving (the 'return' button).
- ☐ Take out the trash and place it in the underground containers opposite the parking lot on 'rue du débarcadère'. Use the black badge to open them.
- ☐ Use the black badge to open the blue gate and exit your car. Park it in the driveway (rue du Débarcadère) while you put the keys back in the lockbox in the accommodation. You won't need the badge to open the white post on the street, as it lowers automatically when you approach your car.

Parking

To park:

1/ Go to “Rue du quai” (behind the building)



Make sure the car is positioned in front of the pole, then press the button on the white remote. The pole will go down.

Proceed only when the light is **orange**!



Plot badge

2/ Proceed to the Bordeaux gate



Use the "I" button on the black remote to open the parking blue gate.



Use the "I" button to open the gate

Only one car is allowed to park in free spaces except for the two marked "Private".



Forbidden parking spots

To exit, use the black badge to open the blue gate, but the street pole will lower automatically when you approach it without needing to use the badge.

If you are on a bike

There is a bike storage on the side of the parking lot that you can open with the building key present on the keyring.



There are bike racks behind the residence at the parking entrance.

RULES

RESPECT FOR THE PLACE

Respect the house and the outside areas by taking care to avoid any damage.

ANIMALS

We love animals but they are not accepted during your stay.

NO SMOKING

It is strictly forbidden to smoke inside the apartment. You may smoke on the terrace.

NOISE / PARTIES / RECEPTIONS

Please do not organize large parties and limit noise between 10 PM and 7 AM.

HEATING AND AIR CONDITIONING

Please do not exceed 21°C for heating in winter. Do not excessively cool in summer.

Use only electric radiators in winter, do not use the air conditioning system.

CABLES / SOCKETS

Please respect safety rules and do not unplug cables connected to wall sockets.

Additional sockets and a power strip in the living room are provided for your devices.

Wi-Fi

To connect to Wi-Fi, scan this code (also visible on the wall in the apartment) or use the credentials below:



Scan the code with your device

Network

Meteor-56CC9D33

Password

bla12345

KITCHEN



You have everything you need:

- Refrigerator, freezer
- Utensils (fork, corkscrew, etc.)
- Plates, glasses, etc.
- Microwave oven
- Nespresso machine and coffee capsules
- Kettle
- Toaster
- Cutting board
- Coffee capsules and tea bags
- Trash can under the sink with extra bags.
- Dishwasher with tablets
- Washing machine and dryer



LINEN

Le linge de lit et les serviettes sont fournis.

TOWELS

- Kitchen towel
- Beach towels: do not use at the beach
- Hand towels



BED LINEN

- Fitted sheets, duvet, and 2 pillows for the double bed in the bedroom.
- Two fitted sheets, two single duvets, and two pillows for the single beds in the cabin.

WASHING LINEN

You can use the washing machine located in the kitchen.

Detergent is available in a jar. These are capsules to be put directly into the drum of the machine (only one is enough).

The washing machine also has a drying function. Just keep in mind that drying can be lengthy (**Allow 4 to 6 hours for a full wash and dry cycle**) depending on the laundry weight.

There are drying-only programs indicated on the button:

- Cotton drying
- Deodorizer



HEATING & AIR CONDITIONING

SUMMER (Air Conditioning)

Use the remote control to turn on and adjust the air conditioning.

Make sure you are in "air conditioning" mode (snowflake icon at the top left of the display). If not, press the "MODE" button to switch.

Use the "-" and "+" **TEMP** buttons below the display to set the temperature. **VANE** adjusts the airflow direction louvers. **FAN** controls the fan speed. The auto mode with the icon shown below is perfect. You can also manually choose "night" mode (icon of a head with ear, for minimal noise) or select any speed at will.



WINTER (Heating)

You can set the temperature for the bedroom and living room radiators (do not use the air conditioning to heat!).

For the living room, simply use the "up" and "down" arrow keys (blue and red) to adjust the temperature. The "hand" icon indicates manual mode, which is the recommended setting. To change it, press the "M. Ok" button. Note that this button also turns off the radiator.



living room heating

For the bedroom, simply set the thermostat dial between 1 and 8 at your convenience.



bedroom heating

TELEVISION

You have two remote controls. One for the TV and the other for the Chromecast (used as a TV box).

The Chromecast remote control also directly controls the TV (it turns on both devices at the same time).

You can also send videos from your smartphone to the Chromecast and thus to the TV (YouTube, Netflix, etc.) if you want to use your accounts and services.

You have free access to Netflix and Amazon Prime via the Chromecast. Use the 'Guest' account.



Netflix

Prime Video

To watch TV, use the TV remote to switch to the TNT channels (change the input source).

If a remote control no longer works, new batteries can be found in the cupboard of the electrical meter.



EQUIPMENT

WIRELESS SMARTPHONE CHARGER

A wireless charger allows you to recharge your phone. It is placed on the left side of the TV on the furniture.

DISHWASHER

Press and hold the **power button** to turn on the dishwasher.

Press the **P button** to choose the program. Select the program marked "R" which is the **quick program** of 40 minutes suitable in 99% of cases and will not be long to finish before your departure.



Long press on each button

UMBRELLA

You will find an umbrella in the closet next to the cabin beds.

VACUUM CLEANER

You will find a vacuum cleaner in the closet next to the cabin beds.

HAIR DRYER

A hair dryer is available in the basket under the bathroom sink.

FIRST AID KIT

You will also find a first aid kit under the bathroom sink.

BICYCLE PUMP

A bicycle pump is available in the closet if needed.

BICYCLES

Two adult bikes are available under the shelter on the outdoor parking lot (at the back of the building).

They are pastel green, brand **Riverside**.

The lock code is **1234**.



The two bikes



If needed, there is also a bicycle pump in the cupboard next to the bunk beds.

There are no children's bikes.

Please take care of them and try as much as possible to lock them with one of the locks on the cable attached near the gutter (safer).



Cable lock attached

There is a bike rental shop (**Vélos d'Albret**) just below the building if you need more bikes or specific bikes (children or electric).

LOCAL BIKE PARKING

There is a bike storage area beside the parking lot that you can open with the building key present on the key ring.

But please note that space is limited and there are already many bikes, making it difficult to park or remove bikes.



Bike locks are available behind the residence at the entrance of the parking lot.

Shopping

Here are your options, from closest to furthest.

L'Épicerie du Moulleau

DISTANCE : 100m from the accommodation

256 Bd de la Côte d'Argent, 33120 Arcachon

The closest, sells most essentials but also cheese, regional dishes, etc. Perfect for quick needs or a short stay.



SPAR

DISTANCE: 2 mins by car, 4 mins by bike, 13 mins walking

69 Bd de l'Océan, 33115 La Teste-de-Buch

Hours are a bit complicated. Check before going.



MONOPRIX Arcachon

DISTANCE: 10 mins by car

25 Rue du Maréchal de Lattre de Tassigny, 33120 Arcachon

They have everything including clothes.



CARREFOUR CITY DES MARQUISES

DISTANCE: 10 mins by car

Pl. des Marquises, 33120 Arcachon

Small store, on the place des Marquises in Arcachon.



ALDI Arcachon

DISTANCE: 11 mins by car

224-226, 224 Bd de la Plage, 33120 Arcachon



Intermarché HYPER La Teste De Buch

DISTANCE: 12 mins by car

Rue Lagrua, 33260 La Teste-de-Buch

A very nice supermarket but a bit expensive.



E.Leclerc LA TESTE DE BUCH

DISTANCE: 18 mins by car

1060 Av. de l'Europe, 33260 La Teste-de-Buch

Best option for fueling at a reasonable price.



POLLUTANTS

Trash bins are located outside on the dock street opposite the parking lot.



Use the black badge to open a container (Place it on the black module on the right, you will hear a beep), deposit your trash and then close.

Some containers are reserved for bulk cardboard and plastics, others for household waste in a bag.



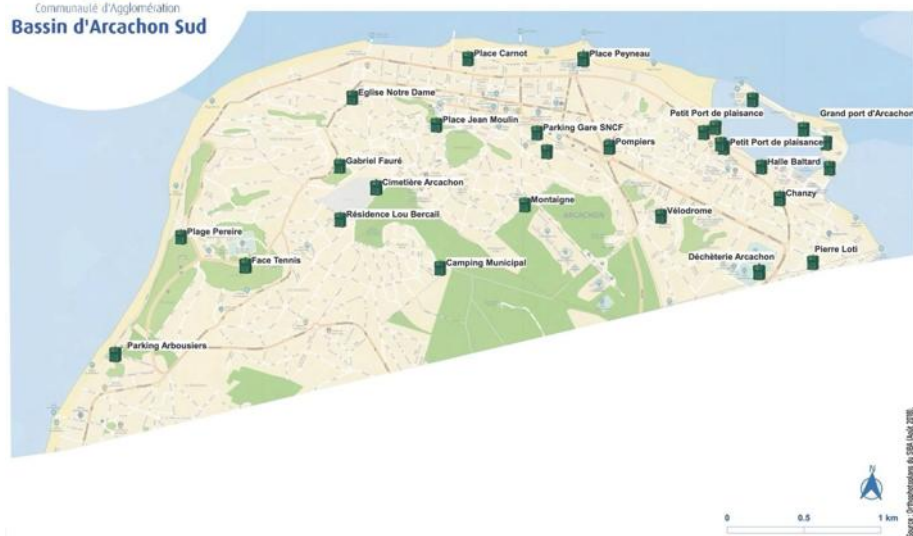
Place the badge on the black slot on the right



Glass cannot be disposed of in these containers and must be thrown in a public bin provided by the city.

The nearest one is at the parking lot of Arbousiers Beach.

Bornes à verre : Arcachon



DEPARTURE CHECKLIST

A few small things to do before leaving the accommodation. We've prepared a list so you don't forget anything!

- ☐ Check that the dishes are cleaned and stored in the cabinets.
- ☐ Turn off the lights and the bathroom heater (long press on the button), close the windows.
- ☐ Put the keys back in the key box.
- ☐ Lock the door when leaving ("return" button).
- ☐ Take out the trash and place it in the underground containers opposite the parking lot on the street side of the dock. Use the black badge to open them.

To Do

Dune of PILAT

DISTANCE: 7.5 KM

This famous sand dune stretches along the coast and reaches a height of 110 meters. You can see it from the Moulleau beach in the distance.



dune of Pyla

CAP FERRET

DISTANCE: 20 minutes by boat

Take the boat from the pier 50 meters away, and you will be there in 20 minutes. 18€ for adults, 14€ for children return trip.



cap ferret lighthouse

Huitre House

DISTANCE: 17 KM

Museum on the oceanfront tracing the history and culture of marine mollusks through exhibitions and objects.



VILLAGE OF WINTER ARCACHON

DISTANCE: 4 KM

19th-century villas showcasing various and picturesque architectural styles. Don't forget the Moorish park and Saint-Cécile observatory.



Notre-Dame d'Arcachon Basilica

DISTANCE: 3.4 KM



Notre Dame des Passes Church

DISTANCE : 300 M

The church is dedicated to the sailors who had to face the entry passes into the Arcachon basin.



Banc d'Arguin

DISTANCE : 30 min by boat

A protected natural reserve home to many bird species and offering a superb view of the Dune of Pilat and Cap Ferret. Access is only available by boat in summer.



L'île aux Oiseaux

DISTANCE : 2h boat ride

A small island located in the center of the basin and surrounded by oyster parks and famous Tchanqué huts. The island has become a protected natural site and a refuge for migrating birds.



TO DO / CHILDREN

Bassin d'Arcachon Zoo

DISTANCE : 12 km, 15 minutes by car

Very nice if you have children. You can see monkeys, giraffes, red pandas, gorillas, lions...



Bassin Aventures Tree Adventure

DISTANCE : 12 km, 15 minutes by car

Very nice with courses and activities for all ages, even the little ones.



Parc de La Coccinelle

Aquatic park for the whole family.

Aquatic park for the entire family.



KID PARC Île d'Aventures – amusement park

DISTANCE : 12 km, 15 minutes by car

An amusement park mainly for the youngest.



Arcachon Skatepark

Av. des Goélands, 33120 Arcachon

8 mins by bike, 4 by car

Nice small skatepark at Pereire Beach.



Skatepark



Play area

Gujan-Mestras Skatepark

Av. des Loisirs, 33470 Gujan-Mestras

(12 km, 15 mins by car)

Larger skatepark than the one in Arcachon, located next to the leisure area where the treetop adventure and parks are.



Meller Park Play Area

DISTANCE 1.2 km : 5 mins by bike, 18 on foot

Very nice play area for little ones in the sand with wooden games.



RESTAURANTS

Kids of the Sands

DISTANCE : 50 m

Jeremy Frérot's new restaurant in Arcachon. At the bottom of the accommodation on the seafront.

PRICE : 15-35€



LA Co(o)rniche

DISTANCE : 4.7 KM

Unique 5-star hotel on the edge of the Dune of Pilat facing the Arguin Bank.

PRICE : 30-85€



Fernande

DISTANCE : 300 M

Fernande at Moulleau offers you the opportunity to enjoy these delights in a relaxed atmosphere.

PRICE : 15-35€



COQUILLE

DISTANCE : 4 KM

Rated 4.9 out of 5 for this highly popular restaurant in Arcachon. A must-try!

PRICE : 20-35€



Alma Mía Arcachon

DISTANCE : 4.4 KM

4.9/5 for this must-visit restaurant. Italian, Mediterranean, Neapolitan cuisine.



My daughter's bakery

Pl. des Marquises, 33120 Arcachon

Very good cakes and a nice setting on Place de la Marquise. Waiters are not always very friendly, so the Google review score can vary.



BATEAU CAP FERRET

From the pier, you can take a shuttle to Cap Ferret. The trip takes about 20 minutes.

The shuttle is only open from June 14 to September 7, 2025 (and all weekends of September 2025).

Prices and schedules are [available here](#). Example Saturday, June 14, 2025:



Adulte 13 ans et plus	Enfant De 4 à 12 ans	Bébé De 0 à 3 ans	Vélo Transport de votre vélo
Classique (Modifiable jusqu'à 15 mn avant le départ, au tarif de 5€ par ticket. Non remboursable)			
10.00 €	8.00 €	Offert	6.00 €
16.00 €	12.00 €	Offert	11.00 €

Sélectionnez l'horaire de votre choix pour
le **Samedi 14 juin 2025**

10h20
ALLER SIMPLE
ALLER RETOUR

11h20
ALLER SIMPLE
ALLER RETOUR

12h20
ALLER SIMPLE
ALLER RETOUR

14h20
ALLER SIMPLE
ALLER RETOUR

16h20
ALLER SIMPLE
ALLER RETOUR

18h20
ALLER SIMPLE
ALLER RETOUR

Departure

Adulte 13 ans et plus	Enfant De 4 à 12 ans	Bébé De 0 à 3 ans	Vélo Transport de votre vélo
Classique (Modifiable jusqu'à 15 mn avant le départ, au tarif de 5€ par ticket. Non remboursable)			
10.00 €	8.00 €	Offert	6.00 €
16.00 €	12.00 €	Offert	11.00 €

Sélectionnez l'horaire de votre choix pour
le **Samedi 14 juin 2025**

11h00

ALLER SIMPLE

ALLER RETOUR

12h00

ALLER SIMPLE

ALLER RETOUR

14h00

ALLER SIMPLE

ALLER RETOUR

16h00

ALLER SIMPLE

ALLER RETOUR

18h00

ALLER SIMPLE

ALLER RETOUR

Return

ELECTRIC CAR CHARGING

You can recharge your electric car at the following stations:

SDEE Gironde Charging Station / Pyla

DISTANCE: 3 mins by car

2 All. du Garde-Feu du Juge, 33115 La Teste-de-Buch



IZIVIA Charging Station

DISTANCE: 5 mins by car

2 Av. du Parc Pereire, 33120 Arcachon



SDEE Gironde Charging Station / Arcachon center

DISTANCE: 10 mins by car

Ideal for parking and going to Arcachon city center while charging your car.

1 Pl. Carnot, 33120 Arcachon



SDEE Gironde Charging Station / Arcachon casino

DISTANCE: 12 mins by car

1 Pl. du Dr Peyneau, 33120 Arcachon



EMERGENCIES

112 : FIREFIGHTERS

15 : PARAMEDICS

17 : POLICE

. . .

Centre Hospitalier d'Arcachon

DISTANCE : 11KM

Av. Jean Hameau, 33260 La Teste-de-Buch

Phone : +33 5 57 52 90 00

Web : <https://www.ch-arcachon.fr/>



Pharmacie du Moulleau

DISTANCE : 100M

2 Bd de la Côte d'Argent, 33120 Arcachon

Phone : +33 5 5 65 45 335



Find this guide online



Always up to date, in your language, with videos and
interactive links.

Coeur Plage

Bassel & Abedi · +33675887175